

Happy New Year and welcome back from Winter Break. I hope everyone enjoyed some family time and the warm weather.

Eat the Rainbow DAY is Monday, January 6th.

Note, a flyer coming home will say Monday, January 7th - the MONDAY part is correct. Although there are suggested colors for each grade (K -red; 1st - orange, 2nd - yellow, 3rd - green, 4th/5th - blue/purple) your child will still get a sticker if they eat a fruit or vegetable that you already have in the house - it just won't be counted in the tally for each grade's bragging rights.

We need some help giving out stickers and tallying participation. Please sign up below if you can come in on Monday during lunch.

<https://www.signupgenius.com/go/10c0f4ca5ac2aaaf94-eatthe3>

HEALTH & WELLNESS WEEK - JANUARY 6-10

Look for a Health Challenge Worksheet in your kids' folders full of ideas on how to spend the week investing in your health by eating better, moving more, making new friends and prioritizing sleep. Kids will be encouraged to complete as many kid-friendly challenges as possible. (Don't worry parents, it's easy-peasy stuff.) You'll sign the form at the end of the week and the kids will return it for a chance to win healthy raffle prizes.

FAMILY FITNESS FUN NIGHT - THURSDAY JANUARY 9 at JLES from 7-8:30 P.M. Warrior One Yoga, Maryland Twisters POMS/Cheer, District Dance, and A Plus Tae Kwon Do will lead interactive demos! We will also have hoop shooting contests and a parent-child obstacle course. Mr. Wong will be there to help and coach too! Please bring the whole family and be prepared to move and have fun.

JANUARY SPIRIT NIGHT AT MONSTER MINI GOLF - TUESDAY, JANUARY 14 5-8 P.M.

Come get the winter wiggles out at Monster Mini Golf on 1/14. Pizza/drinks are available for purchase at the event or you can pre-order by calling 301-330-6464. A portion of all golf/food sales will go JLES PTA! Hope to see you there!

SHINING KIDS YOGA

Registration is still open for Shining Kids Yoga at Jones Lane: <https://www.hisawyer.com/shining-kids-yoga/schedules/activity-set/107547?source=semester>

The class meets on Tuesday's from 3:30-4:30pm between Jan. 14th and Mar. 3rd.

PERFORMING ARTS CLUB (PAC) ages 6 +

PAC is a fun performance-based, theatre arts club for elementary school aged performers. PAC will delve in to the basics of theatre from stage directions & projection, blocking & movement, all through warm-ups, theatre games and exercises. The group will work collaboratively to create and perform an original sharing. No sharing is ever the same!

Eight (8) Ninety Minute sessions. Time: 3:30-5:00 p.m.

Mondays: 1/13, 1/27, 2/3, 2/10, 2/24, 3/2, 3/16, 3/23

Cost: \$185.00 plus \$10 supplies. **\$10.00 DISCOUNT FOR SIBLINGS!**

Register: <https://goo.gl/forms/5xuzlvESYjga3wse2>

PayPal: <https://www.paypal.me/PamDemoniumAFATA>

Contact Phone/Email: 240.339.4726 Pamdemoniumafata@gmail.com

JLES 2020 INTERNATIONAL NIGHT!

FRIDAY, FEBRUARY 7, 2020

6:30-8:30 P.M.

International night is coming up soon! This is a great opportunity to celebrate the rich cultural diversity at Jones Lane Elementary School. There are multiple ways you can represent a country – and it could be ANY country – not just one of your origin! This is a fun way to explore the world with your children and celebrate and honor the cultures, traditions, and languages around the world.

There are many ways to showcase a country –

- Host a booth - bring a few items, make a poster board or bring some artifacts. Stumped for ideas? Let us know and we'll help you out!
- Host an activity – team up or showcase an individual activity
- Participate in the “Pride of Nations” Parade – on stage in the APR after the activities
- Do all of the above!

We also need help with the International Night planning committee, set-up and clean-up and volunteers (Adults/SSL hours). Be part of the fun this fantastic night and host a booth! Sign-Up now and help us spread the excitement of learning about different countries around the world. For questions, contact Mugdha Tipnis at mugdhapimprikar@gmail.com.

Downloadable forms and attachments coming soon.

BOX TOPS

Keep Clipping AND Scanning Box Tops! The next school-wide contest is coming in February and the class with the most Box Tops per student average will win a class party! All clips submitted this Fall through February count towards the contest. More details will come home in January. When scanning receipts, make sure to scan within 14 days of purchase and “Give Credit” to your child’s teacher. Questions? Email katie.pastrick@gmail.com.